NAME: _____   DATE: _____

GRAMMAR QUIZ
ADVERBS *of* FREQUENCY

● *Complete these sixteen sentences to score your knowledge of **ADVERBS OF FREQUENCY**.*

1. I seldom visit my relatives, so I … see my uncle John.
a) usually
b) almost never
c) almost always

2. I'm never late for our English class. I'm … on time.
a) often
b) usually
c) always

3. James goes to the beach only once a year. He … goes to the beach.
a) almost never
b) never
c) sometimes

4. My sister often … a book in the evenings.
a) reads
b) read
c) is reading

5. I … eat junk food because I know it's not very healthy.
a) always
b) sometimes
c) seldom

6. … we go to the gym to exercise, maybe two or three days a week.
a) Rarely
b) Sometimes
c) Always

7. I … watch cartoons because I hate them. News shows are much better.
a) almost always
b) sometimes
c) never

8. They always … to bed early because they always get up early.
a) go
b) will go
c) goes

9. I went to a restaurant last week, but I … eat at home.
a) usually
b) seldom
c) always

10. She doesn't … finish work early because she is often busy.
a) never
b) usually
c) always

11. It … snows where I live, so I never make a snowman.
a) sometimes
b) never
c) always

12. We visit our grandparents three or four times ….
a) the month
b) month
c) a month

13. He almost never sees a doctor because he is … sick.
a) almost always
b) usually
c) seldom

14. Do you … travel to other countries on your summer holiday?
a) ever
b) never
c) how often

15. I … study very hard, so I usually get high grades in school.
a) always
b) rarely
c) almost never

16. He's never angry. He … has a smile on his face.
a) never
b) always
c) seldom

15 – 16 = **Excellent**	13 – 14 = **Good**	12 or Less = **Study More!**

Grammar Focus	Adverbs of Frequency
Level	Intermediate

ANSWER KEY   *My Notes*

1.	B	**9.**	A
2.	C	**10.**	B
3.	A	**11.**	B
4.	A	**12.**	C
5.	C	**13.**	C
6.	B	**14.**	A
7.	C	**15.**	A
8.	A	**16.**	B

Grades as percentages

16 / 16 =	100%
15 / 16 =	94
14 / 16 =	88
13 / 16 =	81
12 / 16 =	75
11 / 16 =	69
10 / 18 =	63
9 / 16 =	56
8 / 16 =	50
7 / 16 =	44
6 / 16 =	38
5 / 16 =	31
4 / 16 =	25
3 / 16 =	19
2 / 16 =	13
1 / 16 =	6
0 / 16 =	0 %